

# Old Torry Community Centre

## Remember **FACTS** for a safer Scotland



Face coverings



Avoid crowded places



Clean hands regularly



Two metre distance



Self-isolate and book a test if you have symptoms



**You may have read in the press that there is a rapid spread of the infection in the City and this has resulted in us moving to Tier 3.**

We really want to ensure that everyone in the community is aware of the covid safety guidance. Not simply the washing your hands, and wearing a face covering, but being aware of the symptoms, on the need to self isolate and book a test, and what help is available if you are isolating.

We need your assistance to circulate this information to all your volunteers/users and those you come into contact with. We need to get this message out in our community.

2 Abbey Place, AB11 9QH  
01224 894925  
[www.oldtorry.org.uk](http://www.oldtorry.org.uk)